

**Fall Session 2024**

 August 26th-October 22nd (8 weeks)

\*Practice Schedule is on the back!

Register by visiting sunrisegymnastics1.com and filling out the google registration form!

Check us out on Facebook!

SunriseGymnastics1

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| Classes | Monday | Tuesday | Wednesday | Thursday | Friday | Payment per session |
| Tumble Tots30 min. class, 2\*/week | 3:30-4:00 | 3:30-4:00 | 3:30-4:00 | 3:30-4:00 |  | $70 |
| Beginner 11 hour class, 2\*/week |  | 4:00-5:005:00-6:00 |  | 4:00-5:005:00-6:00 |  | $90 |
| Beginner 21 hour class, 2\*/week | 4:00-5:005:00-6:00 |  | 4:00-5:005:00-6:00 |  |  | $90 |
| Advanced 11.25 hour class, 2\*/week |  | 6:00-7:15 |  | 6:00-7:15 |  | $120 |
| Advanced 21.5 hour class, 2\*/week | 6:00-7:30 |  | 6:00-7:30 |  |  | $140 |
| Middle/High School1.5 hour class, 1\*/week |  |  | 7:15-8:45 |  |  | $75 |

\*Gymnasts should come to class with a water bottle, a leotard or one-piece swimsuit and their hair pulled back. Boys can wear shorts and t-shirt tucked in.

**\*Rules to Follow:**

-Waivers will need to be signed by parent on first day of class if not already signed.

-COVID form will need to be signed for each gymnast on first day of class.

**Forms & Payment Policy:**

-Pay in full per session before hand to insure your spot.

Sunrise Gymnastics

**Kelly Wollschlager, Coach**

Milbank High School Upstairs Gym

1001 E Park Ave, Milbank, SD 57252

Kelly’s Phone: 605-880-0065

Email: sunrisegymnastics1@gmail.com

Website: sunrisegymnastics1.com

In coordination with:

 ***Vertical Horizons Gymnastics***

**Amber Fraasch, Coach**

-Tax is included.

-All paid in full payments are nonrefundable

-Registration & liability forms along with payment must be received prior to participation.

\*Make checks payable to Kelly Wollschlager.

\*Mailing address: 16038 486th Ave, Revillo, SD 57259

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| **August** |
| **Sun** | **Mon** | **Tues** | **Wed** | **Thurs** | **Fri** | **Sat** |
|  |  |  |  | **1** | **2** | **3** |
| **4** | **5** | **6** | **7** | **8** | **9** | **10** |
| **11** | **12** | **13** | **14** | **15** | **16** | **17** |
| **18** | **19** | **20** | **21** | **22** | **23** | **24** |
| **25** | **26****TT,B2, Adv2** | **27****TT, B1, Adv 1** | **28****TT,B2, Adv 2, M/HS** | **29****TT, B1, Adv 1** | **30** | **31** |

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| **September** |
| **Sun** | **Mon** | **Tues** | **Wed** | **Thurs** | **Fri** | **Sat** |
| **1** | **2** | **3** | **4****B2, Adv 2, M/HS** | **5****TT, B1, Adv 1** | **6** | **7** |
| **8** | **9****TT,B2, Adv2** | **10****TT, B1, Adv 1** | **11****TT,B2, Adv 2, M/HS** | **12****TT, B1, Adv 1** | **13** | **14** |
| **15** | **16****TT,B2, Adv2** | 17**TT, B1, Adv 1** | **18****TT,B2, Adv 2, M/HS** | **19****TT, B1, Adv 1** | **20** | **21** |
| **22** | **23****TT,B2, Adv2** | **24****TT, B1, Adv 1** | **25****TT,B2, Adv 2, M/HS** | **26****TT, B1, Adv 1** | **27** | **28** |
| **29** | **30****TT,B2, Adv2** |  |  |  |  |  |

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| **October** |
| **Sun** | **Mon** | **Tues** | **Wed** | **Thurs** | **Fri** | **Sat** |
|  |  | **1****TT, B1, Adv 1** | **2****TT,B2, Adv 2, M/HS** | **3****TT, B1, Adv 1** | **4** | **5** |
| **6** | **7****TT,B2, Adv2** | **8****TT, B1, Adv 1** | **9****TT,B2, Adv 2, M/HS** | **10****TT, B1, Adv 1** | **11** | **12** |
| **13** | **14****B2, Adv2** | **15****TT, B1, Adv 1** | **16****TT,B2, Adv 2, M/HS** | **17****TT, B1, Adv 1** | **18** | **19** |
| **20** | **21****TT,B2, Adv2** | **22****TT, B1, Adv 1** | **23** | **24** | **25** | **26** |
| **27** | **28** | **29** | **30** | **31** |  |  |